

Overview of Alaska's Aging and Disability Resource Centers and Developmental Disability Resource Connection (ADRC/DDRC)



Agenda

- Provide an overview of ADRCs/DDRCs
- Discuss opportunities for integrating ADRC/DDRC functions with the behavioral health care system



What are ADRCs and DDRCs

- DDRCs evolved from the STAR (Short Term Assistance and Referral) Program and serve people with intellectual and developmental disabilities (IDD)
- ADRCs serve all other disability populations
- Core functions:
 - *Information about and referrals to sources of support for people with disabilities*
 - *Streamline access to publicly funded long term services and supports (LTSS), notably Medicaid HCBS waivers and Personal Care Services (PCS)*
 - *Options counseling to allow for informed choices*
 - *Limited follow-up to prevent people from falling through the cracks (but not long term case management)*



Overarching Goals for ADRCs and DDRCs

- All populations and income levels served
- Seamless system from consumer perspective
- Integration of/coordination across aging, disability service systems regardless of funding
- High level of visibility and trust
- Supporting people's ability to make choices about how their LTSS needs are met



Evolution of ADRCs/DDRCs in Alaska

■ ADRCs:

- *First ADRCs piloted in Wisconsin in the late 90s*
- *CMS/AoA issued a joint solicitation to replicate model in 2003*
- *Alaska received first grant for replication in 2004*
- *Originally operated by the Statewide Independent Living Council (SILC)*
- *Senior and Disabilities Services Division (SDS) took on a leadership role for ADRCs to facilitate informed choice and reduce unnecessary assessments (implementation of the pre-screen)*

■ DDRCs:

- *Originally the STAR program that also managed grant programs*
- *Renamed DDRCs in 2019 to better align with ADRCs*
- *In addition to ADRC services, also support developmental disability determination and management of the DD Registry (waiting list for IDD waivers)*



ADRC/DDRC Standardization Effort

1. Standardize definitions and operations
2. Improve quality management strategies
3. Improve communication and education between the ADRCs, DDRCs, and SDS
4. Enhance SDS training to the ADRCs/DDRCs
5. Address challenges with identifying regional care coordinators
6. Develop a resource guide for State-funded services



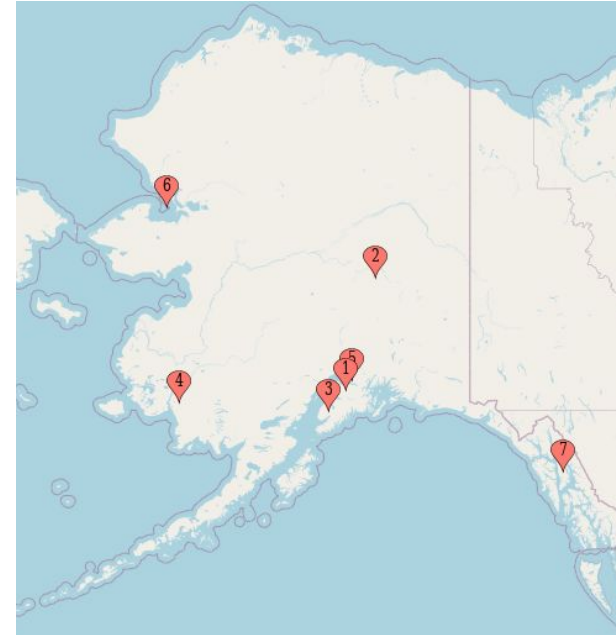
Locations of ADRC and DDRCs

ADRCs



- Anchorage
- Juneau (SE AK)
- Mat-Su
- Fairbanks
- Kenai Peninsula

DDRCs



- Anchorage
- Juneau (SE AK)
- Mat-Su
- Fairbanks
- Kenai Peninsula
- Anchorage
- Anchorage



Contact Information for ADRCs

- Anchorage- Municipality of Anchorage, 907-343-7770, www.muni.org/adrc
- Mat-Su- LINKS, 907-373-3632, www.linksprc.org/adrc
- Southeast AK, based in Juneau- Southeast Alaska Independent Living Center - SAIL, 1-800-478-7245, www.sailinc.org
- Fairbanks- ADRC North, 907-452-2551, www.adrcnorth.org
- Kenai Peninsula, based in Soldotna- Independent Living Center - ILC, 907-262-6333, www.peninsulailc.org
- Western AK, based in Dillingham- Bristol Bay Native Association-BBNA, 907-842-1902, www.bbna.com/our-programs/social-service-programs/elderly-services



Contact Information for DDRCs

- Anchorage- Stone Soup Group, 907-561-3701, www.stonesoupgroup.org
- Fairbanks- ACCA, Inc., 907-456-4003 <https://alaskacenter.org/connections/>
- Kenai Peninsula- Locations in Homer, Soldotna, and Kodiak. Soldotna below
 - *Independent Living Center, (907) 262-6325*
- Bethel/Dillingham- Yukon-Kuskokwim Health Corporation, (907) 543-1768 www.ykhc.org
- Mat-Su- Stone Soup Group, (907) 561-3701, www.stonesoupgroup.org
- Northwest Arctic, based in Kotzebue- (907) 442-7730, <https://www.maniilaq.org/senior-disability-services/>
- Southeast AK- Locations in Juneau, Ketchikan, Sitka. Juneau below
 - *Southeast Alaska Independent Living (SAIL), 1-800-478-7245, www.sailinc.org*



ADRCs and DDRCs and Behavioral Health Supports

- ADRCs/DDRCs NOT intended to provide support if behavioral health and/or substance use is the sole issue
- ADRCs/DDRCs should help if someone has another disability or is over 65 and has a behavioral health and/or substance issue (e.g., co-occurring issues)



Challenges for ADRCs and DDRCs supporting Behavioral Health/Substance Abuse

- ADRCs and DDRCs have little knowledge about behavioral health and substance abuse services and providers
- Complex system with multiple points of intake
- Service definitions and provider qualifications are evolving
- ADRCs and DDRCs may be reluctant to be identified as core referral point because of capacity to serve complex individuals



What Providers Can Do to Build Bridges

- Make sure
 - *Your staff understand when to refer to ADRC or DDRC*
 - *Local ADRC and DDRC staff know when to refer to you*
- Provide brief summary of the service you offer and area you serve to ADRCs and DDRCs
- Cross-training with ADRC or DDRC staff
- Intra-agency meetings to coordinate on systemic issues and individual cases



We Want to Hear From You

- What should SDS consider doing to improve supports for people with behavioral health and/or substance issues who also have another disability?



Questions, Comments, & Feedback

